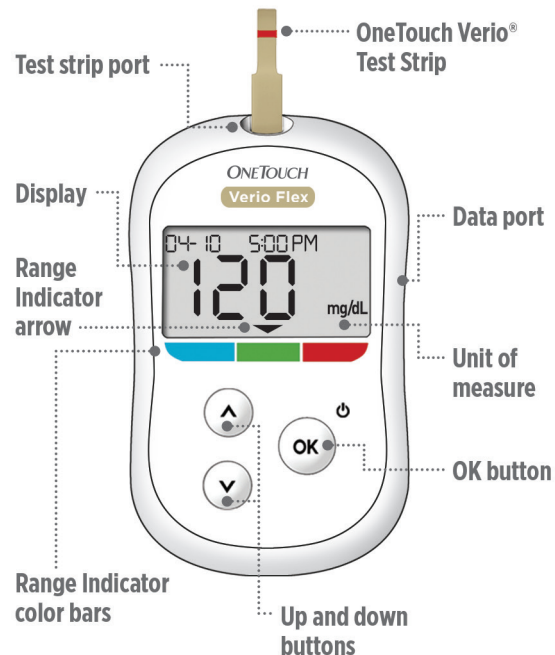


# Quick Start Guide

## OneTouch Verio Flex® Blood Glucose Monitoring System

Use this guide to get to know your meter, and follow the steps inside to get started.



**▲ IMPORTANT:** Please read the Owner's Booklet that came with your system.



AW 06933103A

ONETOUCH®

### Intended use

The OneTouch Verio Flex® Blood Glucose Monitoring System is intended to be used for the quantitative measurement of glucose (sugar) in fresh capillary whole blood samples drawn from the fingertip.

The OneTouch Verio Flex® Blood Glucose Monitoring System is intended for self-testing outside the body (*in vitro* diagnostic use) by people with diabetes at home as an aid to monitor effectiveness of diabetes control.

### Limitations

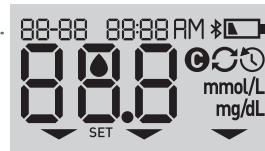
The OneTouch Verio Flex® Blood Glucose Monitoring System is intended to be used by a single patient and should not be shared. The system is not to be used for the diagnosis of or screening of diabetes or for neonatal use. The system is not for use on critically ill patients, patients in shock, severely dehydrated patients or hyperosmolar patients.

1

### Set the time and date on your meter

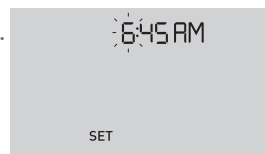
#### Turn it on

Press and hold **OK** until the start-up screen appears.



Use **↓** **↑** buttons to edit each setting and press **OK** to confirm.

#### Set the time on the first SET screen

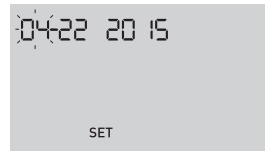


- > **Hour** flashes. Press **OK** if correct or edit and confirm.
- > **Minutes** flash. Press **OK** if correct or edit and confirm.
- > **AM/PM** flashes. Press **OK** if correct or edit and confirm.

#### Set the date on the next SET screen



- > **Year** flashes. Press **OK** if correct or edit and confirm.
- > **Month** flashes. Press **OK** if correct or edit and confirm.
- > **Day** flashes. Press **OK** if correct or edit and confirm.



#### Ready to test

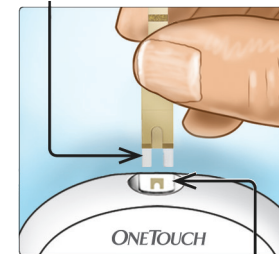
Your meter setup is complete when the screen with 3 dashes appears.



2

### Take a test

#### Silver prongs

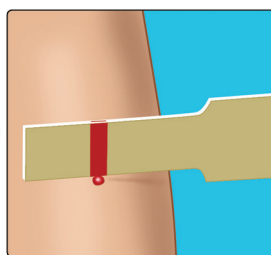
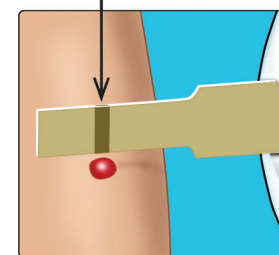


Flashing blood drop appears.

#### Test strip port

Insert a test strip (gold side and 2 silver prongs facing you) to turn the meter on.

#### Channel



Apply blood sample to the channel on either side of the test strip. Wait for the channel to fill.

The channel turns red and the meter counts down from 5 to 1.

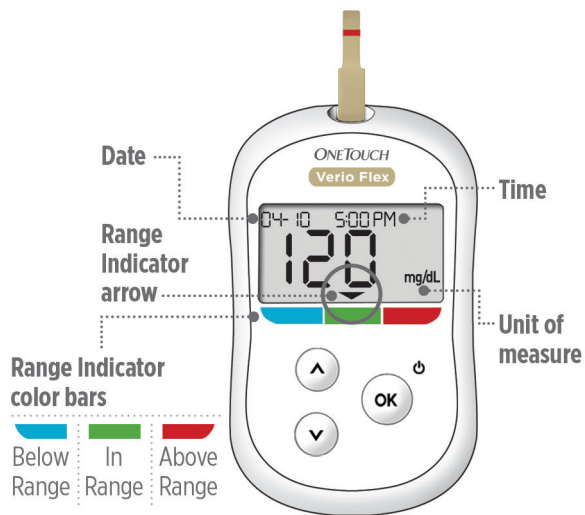
ONETOUCH®

AW 06933103A  
© 2015-2018 LifeScan, Inc.  
Rev. Date: 08/2018

Manufactured by:  
LifeScan Europe GmbH  
Gubelstrasse 34  
6300 Zug  
Switzerland

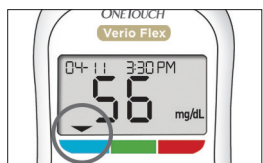
### 3

#### View your reading



Example of an In Range reading

Your reading appears on the display. The Range Indicator arrow points to the blue, green, or red Range Indicator color bar, to let you know your reading is below, within, or above your range limit.



Example of a Below Range reading



Example of an Above Range reading

### 4

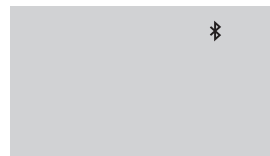
#### Optional: Connect to a mobile device

Your meter comes with **Bluetooth®** technology. This allows you to wirelessly send your readings to a mobile device such as a phone or a tablet, where you can view and graph them.

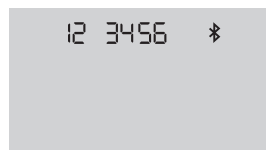
To learn more about using your meter's wireless feature and view a complete listing of compatible devices and software applications, visit us at [www.OneTouch.com](http://www.OneTouch.com).

##### Connecting your meter

Press **OK** and **^** at the same time to turn the **Bluetooth®** feature on and off. When prompted by your mobile device, enter the PIN shown on your meter into your device.



The  symbol means **Bluetooth®** is on.



Example of a PIN number.

##### Meter symbols

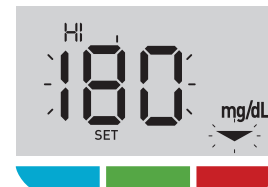
	Meter power		<b>Bluetooth®</b> feature on
	Low battery		History Mode (past readings)
	Battery empty		Apply sample
	Control solution		Range Indicator arrow
	Syncing	<b>SET</b>	Setting mode

#### About the Range Indicator

Your meter comes with a Range Indicator that automatically lets you know if your reading is below, above or within your range limits. The high and low range limits used by the Range Indicator are pre-set as follows:



Pre-set low range limit



Pre-set high range limit

For details about changing the pre-set range limits to suit your needs, refer to your Owner's Booklet.

#### IMPORTANT SAFETY INSTRUCTIONS:

- This meter and lancing device are for single patient use only. **Do Not** share them with anyone else, including family members! **Do Not** use on multiple patients!
- After use and exposure to blood, all parts of this kit are considered biohazardous. A used kit may potentially transmit infectious diseases even after you have performed cleaning and disinfection.

For more information see: FDA Public Health Notification: "Use of Fingerstick Devices on More than One Person Poses Risk for Transmitting Bloodborne Pathogens: Initial Communication" (2010) <http://www.fda.gov/MedicalDevices/Safety/AlertsandNotices/ucm224025.htm>.

CDC Clinical Reminder: "Use of Fingerstick Devices on More than One Person Poses Risk for Transmitting Bloodborne Pathogens" (2010) <http://www.cdc.gov/injectionsafety/Fingerstick-DevicesBGM.html>.

As your partner in diabetes care, we welcome you to contact us (7 days a week, 8 a.m. - 8 p.m. Eastern Time) at 1 888 567-3003 (English), 1 888 567-3010 (Español), or [www.OneTouch.com](http://www.OneTouch.com).

Consult instructions for use.

Meter Made in China



The **Bluetooth®** word mark and logos are registered trademarks owned by Bluetooth SIG, Inc., and any use of such marks by LifeScan Scotland Ltd. is under license. Other trademarks and trade names are those of their respective owners.